

Volleyball For Girls

	<i>State Rules Clinic Online</i>	October 16, 2018	<i>Deadline to file Season Reports & All-Region Teams</i>
July 26, 2018	<i>First Practice Date</i>	October 19, 20	<i>State Tournament - Myrtle Beach</i>
August 6, 2018	<i>Schedules Posted on school website</i>	October 22 & 23	<i>State Championship Matches</i>
August 11, 2018	<i>First Playing Date</i>	October 27, 2018	<i>Volleyball All-Star Games</i>

Rules

1. National Federation Rules shall be the official rules unless SCISA has an otherwise stated policy.
2. An **online rules and policy update/clinic can be found** on the SCISA website (www.scisa.org). Each member of the coaching staff should be updated on rules, rule changes, points of emphasis and SCISA policies.

Mandatory Policies and Procedures

1. All schools shall have a written **Concussion Policy** and a written **Heat and Athletic Participation Policy**. These policies will include the education of coaches, players, and parents about the dangers, warning signs, and symptoms of both concussions and heat related illnesses. The plans will also include medical evaluation, suspension from play and return to play/practice protocols.
2. The **Head Coach** shall be **CPR certified**.
3. All coaches will complete the following NFHS course:
 Annually (every year): **Concussion In Sports; Heat Illness Prevention**
 Every two years (after initially completing a course): **NFHS Sportsmanship Course**
Bullying, Hazing and Inappropriate Behaviors; Engaging Effectively with Parents; Sudden Cardiac Arrest
 All First Year Head Varsity Coaches will complete the NFHS Course: **Fundamentals of Coaching**
 Recommended NFHS Courses: First Aid, Health, and Safety for Coaches
4. ***NEW** - Beginning with the 2019-20 school year, all coaches will be CPR and AED certified.

Officials

1. SCISA certified officials must be used in all games. SCISA assigns one official to work all contests. A school may request the "second" referee for the entire season or matches deemed worthy.
Note: SCISA will assign two officials for all Region matches and all Class 3A contests. In Class A and 2A non-Region matches, schools may determine if a second referee will be assigned.
2. Mark-offs: A school may mark-off up to three (3) officials in any given sport, but only two of these officials may be from the same district. An official who is listed on a school's mark-off list shall not work a contest involving that school regardless of whether the game is a home, away or play-off game.
3. Line Judges: Each school shall provide a line judge in all matches. A line judge must be properly trained. Coaches must take time during practice to properly prepare individuals to serve as a line judge.
4. Scorer: each school shall provide a scorer and an assistant scorer/tracker.

Game Information

1. Rally Score.
 - A. Best of Five Matches: Games 1-4 played to 25 with no cap. 5th and deciding game played to 15 with no cap.
 - B. *Best of Three Matches*: all games are played to 25 with no cap
2. No student shall participate in two games or more of the same sport on the same day unless the contests are doubleheaders or a tournament.
Clarification: A student cannot participate in a JV game and Varsity contest on the same day.
3. **Game Limitations** - Teams and players shall be limited to **26** games/play dates. Contact SCISA for assistance or clarifications. (*Note: Exception may be granted for tournament play*).

Home Team Responsibilities

1. Playing Court:

- A. The Home Team shall provide a safe playing court with properly padded equipment. The court must be properly marked. The referee's platform must be routinely checked for safety.
- B. The Home Administration shall police the bleachers. Spirit groups, flag bearers, mascots, students and fans must be monitored. Note: special attention must be given to groups such as football players who have gathered behind the visitor's endline.

2. Reporting Game Results: The Home Team shall report the game results to the news media.

Event Security/Game Management

1. A **Designated Representative** is required of both teams (see Article XIII, Section V). They shall be introduced/identified to the referee prior to the game.
2. Uniformed Police Officer: The use of a uniformed police officer is highly recommended to assist with event management. Uniformed police officers are not required at this time. Schools may want to consider the use of a uniformed police officer in highly contested matches with an established rival.
3. Artificial Noisemakers are prohibited at a volleyball match.

Coaching Notes

1. Sportsmanship: What you permit, you promote! Coaches must emphasize and promote good sportsmanship and fair play according to the rules.
2. **SCISA Player-of-the-Week**. Coaches are reminded to nominate outstanding individual performances each Monday. Email stats and additional player information along with a picture to athletics@scisa.org.
3. SCISA Community Service Award: "**True Champions Give Back**". The South Carolina Independent School Association shall recognize teams who takes part in a community service programs/projects. SCISA has adopted the motto, "**True Champions Give Back**" signifying the association's belief that an important part in the education of our young people is an awareness of the needs and service opportunities that exist around them. SCISA requests that teams submit a report detailing the service project, the number of participants, the number of volunteer hours, photos,...etc.

Volleyball Play-Offs

1. The State Tournament will be held on Friday and Saturday, October 19 & 20, 2018 at the Myrtle Beach Sports Center. All matches will be best of three games. Entry Fee is set at \$295 per team.
2. The tournament shall be played as follows: an Upper Championship Bracket and a Lower Championship Bracket. The two teams will play a Best of Five State Championship match.
3. Class A - Monday, October 22 and Class AA & AAA on Tuesday, October 23 at a site to be named.
4. Each school will be required to furnish a person to call lines and to have a scorer assist at the scorer's table.
5. Play-off information, brackets and match times will be released by the SCISA Office.

State Championship Game Site: The Athletic Office shall select a site for the championship games. The determining factors include: parking availability, facilities (seating capacity, PA, locker rooms, concessions...) A site does not have to be geographically neutral.

North-South All-Stars and All-State

- ◆ North-South All-Stars and selection to the SCISA All-State Team is based primarily on a player's ranking on the All-Region Team. Each region shall submit to SCISA an All-Region Team naming a Player-of-the-Year and ranking the remaining players from #2 to the last selection in the region. The list shall include each player's grade and position.
- ◆ Each region shall select a coach, line judge and scorer to assist in the annual all-star game.
- ◆ The selection committee reserves the right to weigh a team and/or region's performance in the state play-offs in the selection processes.

Organized Practice

An **organized practice** in volleyball is defined as an athletic situation involving **a coach and 4 or more players** where instruction, correction, drills, and/or skills associated with that sport are taking place. An organized practice can only take place during: the defined season, spring practice, or as one of the 12 summer workouts.

Volleyball Defined Season: July 26, 2018 - last game played.

Volleyball Summer Workouts: June 3, 2019 - July 27, 2019 (Closed Period: June 7, 8; One Week for July 4th).

- ◇ *Teams are limited to twelve (12) total practices/games. Teams shall not have more than two (2) practices/games per week which last no more than 1 1/2 hours per practice. (Camps are an exception to time restrictions).*
- ◇ *Camp: Teams attending a camp during this period will count the number of days at camp against the 12 total practices.*

Coaching Out-of-School Teams (*Club, Travel, AAU...*) July 26, 2018 - May 2019

It shall be considered a violation if a coach (*any coach on your school staff; paid or volunteer*), coaches an out-of-school team that has more than 3 students from the coach's school. It is also a violation if one of your coaches practices more 3 players from your school at the same time even though they are on different "teams" (such as JV and varsity).

Conditioning & Strength Training

General conditioning and strength training is legal throughout the year.