

# Volleyball For Girls

First Practice Date .....	August 3, 2009	SCISA Challenge .....	August 15, 2009
First Playing Date .....	August 17, 2009	Last Playing Date .....	October 20, 2009
Volleyball Tie-breakers .....	October 20, 2009	State Tournament .....	October 22-24, 2009
State Championship .....	Class A - October 26, 2009	- Class AA & AAA .....	October 27, 2009

## Rules:

1. National Federation Rules shall be the official rules unless SCISA has an otherwise stated policy.
2. Each volleyball playing school must be represented at a State Rules Clinic. There is a \$100 fine for failure to attend and the school is prohibited from fielding a volleyball team(s).  
2009 STATE RULE CLINICS: Friday, July 17 - Summer Coaches Clinic Myrtle Beach  
Wednesday, July 22 - SCISA Conference Center, Orangeburg, SC - 6:00 PM
3. All schools must have a Heat and Athletic Participation Policy. This policy will provide coaches with the types of conditions caused by athletic participation during times of heat and heat related stress. It will provide warning signs, treatment and a guideline to scale back or cancel athletic activities.

## Practice:

1. Spring Practice is allowed for ten (10) days in the Spring. Spring practice should not conflict with other spring sports.
2. Teams are allowed 12 work-outs from May 31 - July 24, 2010 with the following Closed Periods (July 4-10, July 16 & 17). Sessions are limited to 1 1/2 hours, no more than two times weekly. Camps during the "Open Period" are the exception to the weekly restrictions but each day counts against the total number of work-outs.
3. Conditioning and Weight Programs: conditioning and weight programs are legal throughout the year.
4. See Organized practice rule in Article VII, Section V.

## Officials:

1. SCISAA certified officials must be used in all games. SCISAA assigns one official to work all contests. Schools may request an umpire for the entire season or matches deemed worthy.
2. Mark-offs: A school may mark-off up to three (3) officials in any given sport, but only two of these officials may be from the same district. An official who is listed on a school's mark-off list shall not work a contest involving that school regardless of whether the game is a home, away or play-off game. (see Mark-off Form)
3. Line Judges: Each school shall provide a line judge in all matches. A line judge must be properly trained. Coaches must take time during practice to properly prepare individuals to serve as a line judge. Recommendation: Home team provides both line judges.
4. Scorer: each school shall provide a scorer and an assistant scorer.

## Game Information:

1. All Matches shall be Best of Five. **If Best of Three Games** are played, all games are played to 25 with no cap
2. Game Limitations - Teams and players shall be limited to **26** games/play dates. Contact SCISA for assistance or clarifications. (*Note: Exception may be granted for tournament play*)

**Levels of Competition:** (*Note- Students must also meet all other SCISA eligibility standards*)

**Varsity Teams:** Eligible students in grades **6-12** may participate in varsity volleyball.

*Note: To address player safety, coaches and parents must carefully evaluate the skill level and physical competitiveness of students below the 9th grade before permitting participation on any varsity teams.*

**Junior Varsity Teams:** Eligible students in grades 5-10 may participate on junior varsity teams in all sports except football.

*Note: To address player safety, coaches and parents must carefully evaluate the skill level and physical competitiveness of students below the 9th grade before permitting participation on any junior varsity team.*

**B-Teams:** Eligible students in grades 5- 8 may participate on B-Teams in all sports except football.

*Note: To address player safety, coaches and parents must carefully evaluate the skill level and physical competitiveness of students below the 7th grade before permitting participation on any B-Team.*

Note: No student shall participate in two games or more of the same sport on the same day unless the contests are doubleheaders or a tournament. *Clarification: A student cannot participate in a JV game and Varsity contest on the same day.*

## **Home Team Responsibilities:**

### **1 Event Security/Game Management:**

- A. A **Designated Representative** is required of both teams (see Article XIII, Section V). They shall be introduced/identified to the referee prior to the game and introduced by the PA during pre-game announcements
- B. **Uniformed Police Officer**: The use of a uniformed police officer is highly recommended to assist with event management. Uniformed police officers are not required at this time. Schools may want to consider the use of a uniformed police officer in highly contested matches with an established rival.

### **2. Playing Court:**

- A. The Home Team shall provide a safe playing court with properly padded equipment. The court must be properly marked. The referee's platform must be routinely checked for safety.
- B. The Home Administration is responsible for deciding if weather conditions are unfavorable (under normal weather conditions) or if the court is unplayable. If this determination is made, the visiting team, the SCISAA Office, and the officials must be notified. If the referee is not notified before he leaves, he must be paid mileage. The game should be rescheduled for the next playable day.
- C. The Home Administration shall police the bleachers. Spirit groups, flag bearers, mascots, and fans must remain on their respective side.

### **3. Public Address Announcer:** The public address announcer is a vital member of the game management team. He or she should be provided with at least the following guidelines:

- A. All Public Address Announcers should begin all athletic contests with a welcome and a sportsmanship statement.
- B. Introduce each school's Designated Representative and inform the audience that if called upon, they will be assisting game management with safety and sportsmanship rules.
- C. The Public Address Announcer must be aware that in the event of an emergency (such as dangerous weather) that he/she will be the primary source of information and will be called upon to provide instructions/directions.
- D. The Public Address Announcer must maintain a professional posture, **showing the same amount of enthusiasm and excitement for Both Teams**. Please remain "unbiased and neutral". A public address announcer is not a "color" commentator. We acknowledge that there will exist some "home flavor" but the accomplishments of all of the children playing should be recognized.

### **4. Reporting Game Results:** The Home Team shall report the game results to the news media.

## **Coaching Notes:**

1. Sportsmanship: What you permit, you promote! Coaches must emphasize and promote good sportsmanship and fair play according to the rules.
2. Coaching requirement: the head coach must be CPR certified.
3. Each coach should report his/her record to the region volleyball chairperson every Monday by noon.

## **Volleyball Play-Offs**

1. The State Tournament will be held on Thursday, Friday and Saturday, October 22- 24, 2009.  
Site: The Sumter County Exhibition Center. Entry Fee: \$225 per team.
2. The tournament shall be played as follows: an Upper State Championship bracket and a Lower State Championship bracket. The Upper State Champion will play the Lower State Champion in a Best of Five match for the State Championship. Class A - Monday, October 26th and Class AA & AAA on Tuesday, October 27th at a site to be named.
3. Each school will be required to furnish a person to call lines and to have a scorer assist at the scorer's table.
4. All Upper and Lower State Championship matches will be best of three games.
5. Play-off information, brackets and match times will be released by the SCISAAOffice.

State Championship Game Site: The Athletic Office shall select a site for the championship games. The determining factors include: parking availability, facilities (seating capacity, PA, locker rooms, concessions...) A site does not have to be "geographically neutral."