

# **Warning of Inherent Risk in Cheerleading**

Student-athletes and parents should be aware that cheerleading, like all sports, will always have inherent dangers. Although rare, death or catastrophic injury can result from participation in this activity, and care should be taken by all concerned to minimize such dangers through the use of proper techniques, training methods, and common sense.

Cheerleaders should report all injuries to her coach and parents. They should also assist coaches by reporting any equipment or safety concerns.